

TOPIC

HEALTHY IDEAS

Australia's obesity epidemic, implementing healthy canteens and growing womens sport.

LEN Talks

WHAT ARE LEN TALKS?

LEN Talks have been created to show-case and celebrate the talents and capabilities that exist within our fantastic community.

We love talking with our customers as they come into the branch and hearing about what they do across a whole range of areas, so we thought you might like to Learn Exchange & Network as well – hence LEN Talks.

Each LEN Talk is based around a theme with 3 x 10-minute presentations, a short break for refreshments, then a facilitated 15 minute Q&A.

WHEN: Tuesday 12th February 2019

WHERE: Barwon Heads Hotel

COMMENCING: 6.30pm for a 7pm start

CONCLUDING: 8.30pm

COST: Free

INCLUDES: Finger food (beverages available for purchase)

To secure your spot – please book on-line at:

www.trybooking.com/455629

Please let us know if you are attending for catering purposes.

The Presenters



Professor Steve Allander

Dr Steven Allander is Professor of Public Health and founding Director of the Global Obesity Centre (GLOBE) at

Deakin University, a World Health Organization Collaborating Centre for Obesity Prevention since 2003. Steve has an ongoing programme of research on solving complex problems with a focus on the burden of chronic disease and obesity prevention. Recent work has seen a particular interest in the burden of chronic disease, malnutrition and climate change in developed and developing countries and the possibilities for using complex systems approaches for community-based intervention.



Dr Anita Philips

Anita Phillips is a GP, Deputy Director of Clinical Studies in the School of Medicine at Deakin University and mother of 3 soccer playing children in Barwon Heads.

She has teaching, leadership and research roles within the School of Medicine and Barwon Health. Her academic interests are in Clinical Communication, End of Life Care decision making and student support. In her GP role on the Bellarine Anita has the privilege of being a family doctor providing antenatal, paediatric, nursing home and palliative care. Outside of these roles she has been a volunteer for various local sporting clubs and joined the Barwon Heads Community Bank Board in 2018.



Cam Don

Cam Don leads Blnspired, a health and fitness company based in Barwon Heads. When Cam is not helping our community to get healthier, he is an enthusiastic contributor to Barwon

Heads Football & Netball Club. Cam was Junior Football Director of BHFNC for the last 3 years and in 2018 was the inaugural Senior Womens Football Director. He was named the AFL Barwon Junior Coordinator of the year in 2018 and was instrumental in establishing the first Senior Womens Football team for BHFNC – which subsequently won the premiership in its first season – 2018. Working with other leaders at both clubs, Cam has been a key driver of the junior girls football and cricket teams at BHFNC and BHCC.